

Transition Year 7

Understanding your hearing loss

What is Transition?

Transition helps you prepare for adulthood. All young people go through transition; this includes careers guidance in school and anyone who helps you to make decisions about what to do when you are sixteen. Have you thought about your options?

Transition includes health care, as a young person it is likely your parent/guardian helps you by making appointments on your behalf or reminding you to wear your hearing aids. As you get older you may need to begin to take more responsibility for your care. Within Audiology, Transition focuses on your hearing and communication needs.

Why is Transition important?

Transition is important to help you achieve your goals. It is important you are aware of the support available to you when you turn 16 if you decide to stay at school, attend college/university or start working. This may include communication support (someone to help take notes in classes or meetings), equipment to help alongside your hearing aids and/or financial support.

What Happens next?

Each year you will have a review of your hearing and hearing aids. At each review you will be given more information as it is needed. We will also begin encouraging you to take care of your own hearing aids – don't worry we will show you what to do and if you ever feel unsure or worried speak to your audiologist!

When you are sixteen you will be invited to a Transition appointment with the Hearing Therapist. The Hearing Therapist will provide information and support as you begin the transition into Adult Audiology Services.



Do you understand your hearing test?

You can either do this activity on your own or with your parent/guardian!



First you will need **one red pen** and **one blue pen!**



Your audiologist has provided a copy of your hearing test today. Copy the **red circles** and **blue crosses** onto the chart provided. With a ruler join up all the red circles with the red pen and all the blue crosses with the blue pen.

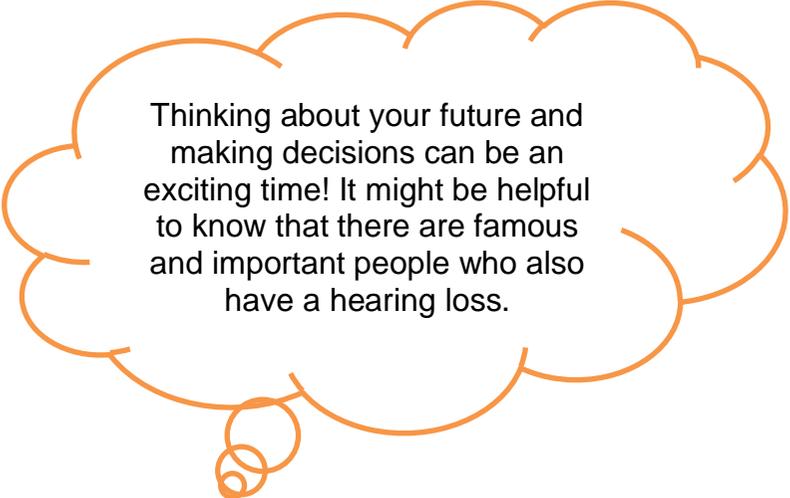
The **red circles** are the quietest sounds you can hear in your **right** ear.

The **blue crosses** are the quietest sounds you can hear in your **left** ear.

Any sounds that are above the red line you will struggle to hear without your right hearing aid. Any sounds that are above the blue line you will struggle to hear without your left hearing aid.

Can you see which sounds you will miss if you don't wear your hearing aid/s?

What sounds do you hear when wearing your hearing aids which you can't hear without them?



Thinking about your future and making decisions can be an exciting time! It might be helpful to know that there are famous and important people who also have a hearing loss.

For examples visit: www.pinterest.com/NDCSUK/inspirational-deaf-people.

Reference: Successful transitions to adulthood for deaf young people in England. Published by the National Deaf Children's Society © March 2016

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Chime provides NHS Audiology Services for NHS Devon - Mid, East and Exeter areas. From 1st May 2011 the existing audiology department including staff and equipment transferred to Chime - the new Social Enterprise Company. Chime is located at the RD&E Foundation Trust (but is separately managed).